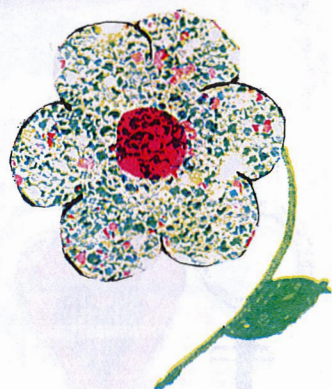


Story

Heroes

Volume

5



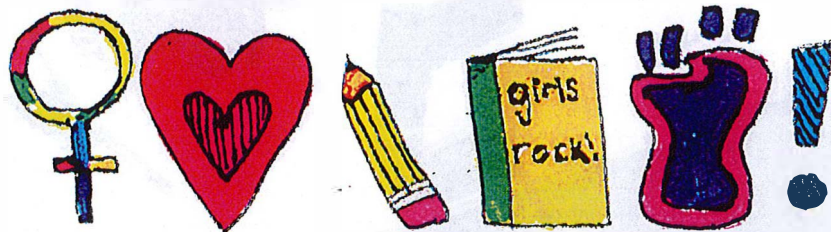
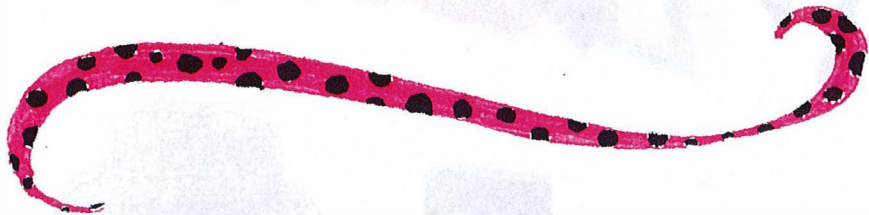
Story Sheroes Volume 5

Welcome to the 5th edition of the Story Sheroes zine, written and produced by a group of amazing girls that get together to explore our thoughts and ideas on what it is like to be a girl in our community.

We meet at the Kitchener Public Library and use the latest technology available to express ourselves - we read, share, create, and publish stories, poetry, videos and artwork.

Are you in grades 6-8? Do you want to become a Shero?
Our next session begins April 5, 2017. To register go to:
<http://www.kpl.org/programs-and-events>

Thanks for Reading!



EMBRACE YOUR INNER SHERO!!



Badge

Meaning to Sheroes

Leadership

A Shero inspires others and helps people succeed. It means to encourage fellow Sheroes.

Voice

A Shero is not afraid to speak out against something that is wrong or hurtful. You use your voice in amazing ways.

Acceptance

A Shero accepts anyone despite their looks or beliefs.

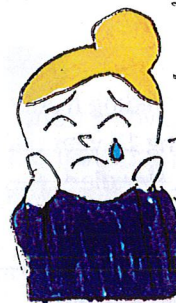
Friendship

A Shero is supportive and loyal. She stands by her girls.

HOW SOME GIRLS
SEE THEMSELVES...

VS

WHAT THEY REALLY
ARE...



-WORTHLESS
-FAT
-ANNOYING
-UGLY
-WEAK
-INCAPABLE



-BEAUTIFUL
-PERFECT
-FRIENDLY
-STRONG
-CAPABLE
-IRREPLACEABLE

When you look in the mirror, what do you see? If you see yourself as anything negative, you're not looking right. You're good enough! Don't strive to be someone you aren't, because you're amazing! Stay who you are!

GIRLS WHO MADE A DIFFERENCE

Anne Frank- Anne Frank stayed in the Netherlands, hiding from German forces during World War 2. She was a young 13 year old Jewish girl, who was gifted a diary from her father. Her diary was published after her death in the concentration camp known as Bergen-Belsen, at age 15. Her diary gave, (and still gives today,) an eye-witness perspective of life during the Holocaust, in which approximately 6 million Jewish people were ruthlessly murdered.

Coco Chanel- Coco Chanel was one of the most influential fashion designers of all time, revolutionizing women's fashion. She broke both stereotypes and boundaries by setting the trends for women to wear trouser and jerseys, as opposed to what was then only considered fashionable for men. She died on January 12th, 1971, leaving a legacy behind her.

Rosa Parks- Rosa Parks was an African-American woman living in racially segregated Alabama in the 1950s. In 1955, she refused to give her seat to a white passenger on a bus in Montgomery, Alabama, breaking the rules of the bus. She got into trouble with police, triggering the Montgomery Bus Boycott, which dented the city's transportation system. To this day, she represents a strong woman who fought against racism during a segregated period of time.

Malala Yousafzai- Malala Yousafzai, (born July 12th 1997,) is a Pakistani activist for female education and the youngest person to

earn a Nobel Peace Prize for her efforts. Living in northwest Pakistan, the Taliban sometimes banned girls from going to school. On October 9th, 2012 she was shot by a Taliban gunman who attempted to kill her. When recovering, she received an outpour of support and became a dedicated activist and advocate for women's education. She founded the Malala Fund and helped write "I Am Malala," an international best-selling book about her story.



Malala Yousafzai



Anne Frank



Coco Chanel

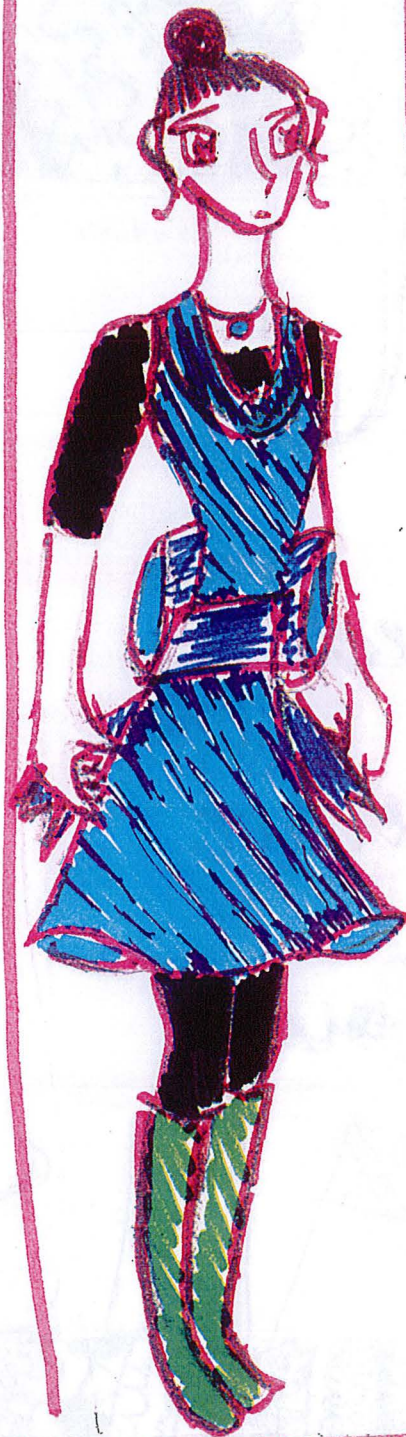
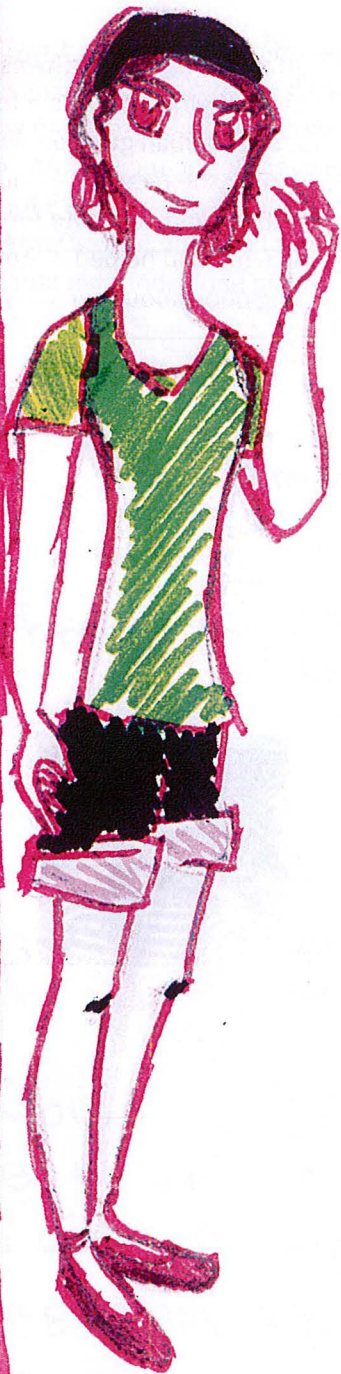


Rosa Parks

DON'T
JUDGE
A GIRL
BY HER
LOOKS!

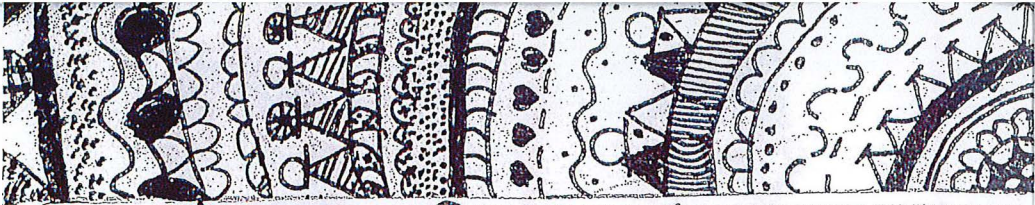
You dress
how ever
you want,
if you want
to wear
something,
own the
look, and
roll with
it!

- Elliott



These are pictures drawn of

the same girl wearing whatever she wants

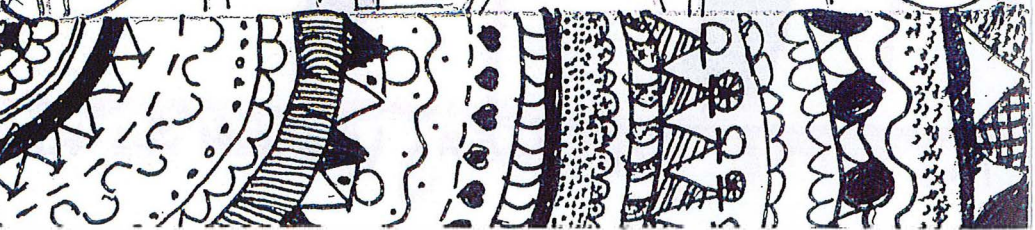


YOU

just
Need To
Believe

In Your

DREAMS



everywhere
Are
so
Beautiful
can
Turn

Every Single
Way

- Fatiana ♡

The Inner Girl

Don't let someone be the boss
of your personality. If
you want to wear make up, wear
make up. If you don't want
to wear make up, don't wear
make up. You do YOU. Whether
that's dresses and make up
or ripped jeans and
sweatshirts.

GIVE
UP

GIRLS
CAN'T
DO THAT

At Least
try to
look
pretty

You're
ugly

SLUT



Perfect is
Being yourself!

don't worry
about what
others think-
you're perfect
the way you
are! ♥ - Ella ☺

Since when
is crying a
sign of
weakness
- Nat

"The definition of beauty is **NOT**
what appears in the magazines, every
single individual has their own type
of beauty."

you have a strong
and unique voice.
USE IT. - Kaitlyn

"You can't live
a positive life with
a negative mind" Sophia

Advice From The Sheroes!

- life is tough,
but so are you-
so you will get
through this
H

Be your own
Super Shero!

Be Real!

"Speak for
people that
don't have a
Voice" - Shadow

"Just because you may not appear
strong on the outside doesn't mean
you don't have inner strength."

If I need to
be pretty or
attractive, then
I'ma' do that
it should always
be your choice, it's your life!

Change.

It is sad to say that I would change myself if I could. I would be smarter to impress people. I would be super strong. I would be more beautiful.

BUT I SHOULDN'T WANT TO CHANGE!

The world should change, not me. The world should just appreciate people. Everyone is beautiful, MEN, WOMAN, everyone.

(UN)-Expected



I think that people see girls as a dumb, weak, pathetic creature, crying for help. That we are non-opinionated, quiet. But they are

DEAD WRONG!

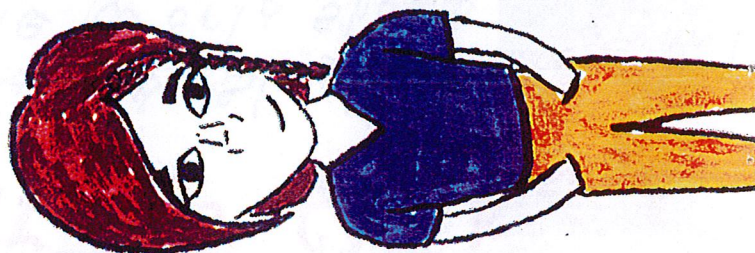
It's the 21st Century.

OK? We are great, beautiful, strong and smart. OK?

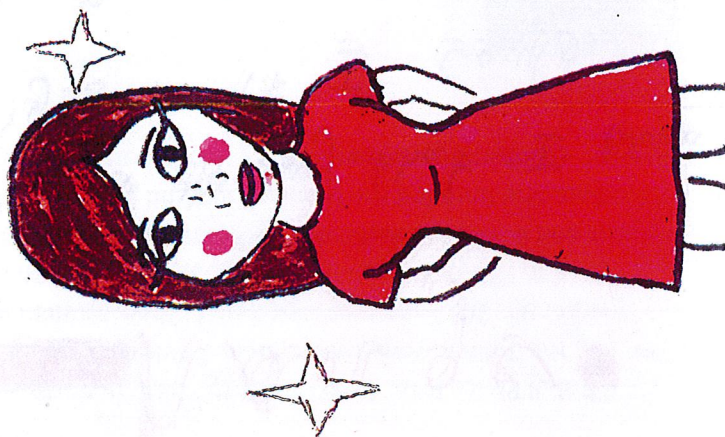
Get a REALITY CHECK.

Just Love everyone.
(Love)

who I want to be



who THEY want me to be



GIRL POWER

Its 2017 now, and as each year progresses, girls and women are working harder and harder for equality and being given more fair rights. Around a hundred years ago, women were barely considered human, with degrading and derogatory terms being used against them, to shame and humiliate them. Women were forced into tight corsets and their main role was to have children, cook, and bake. Their educations was labelled as "unimportant", men were expected to do all of the paid labour. Women weren't granted the right to vote in Canada during a certain period of time, until a group of suffragists banded together to protest against the injustice. Finally, after a long time of protesting, women actually gained rights to vote for who they wanted within the government, whether that be provincial, federal, etc. As the years moved forward, women continued to stand up for themselves; taking inspiration from suffragists and other empowering female role models and leaders. They eventually were given permission to have access to the same jobs as men were expected to get. They fought for the right for divorce, against violence against women, and more. Women are strong leaders and always have been, they just had to hold it back because of a state of oppression and judgment. In order to battle against discrimination, you have to let your voice be heard. You can't cower in fear of what others will think, you can't be silent, and you can't be a bystander. That goes for all types of discrimination. And, as much as society has progressed, moving forward to more modern days such as this, where feminists and others are demanding for equality, and are successfully getting it. Unfortunately, we still face some inequality; including being labelled by the way we dress or look, and getting inadequate pay at some jobs (the wage gap,) even when doing the same amount and level of work. The thing is women are so empowering and strong that they will fight until they get exactly what they deserve; which is, of course, equality. The best way to conclude is with a very empowering quote from Elie Wiesel, a former Holocaust survivor and Nobel Peace Prize laureate; "We must always take sides. Neutrality helps the oppressor, never the victim. Silence encourages the tormentor, never the tormented." Taking a second to think about it deeply, some questions form. How can you empower other women? How can you fight for equal rights? How can you fight against different forms of discrimination? What kind of discrimination is going on in your community, and how can you put an end to it? Focus on strength, rising up above the challenges, standing tall, having hope and courage. Girl power. These are all important.



A beautiful person is ...

"why don't you describe your reflection?"



unicorns

girlscan be her

girlscan be pow
fu

Talking with people
you cant just

learning about things on
the internet

having fun

Good things about
being in story heroes

Sharing
Ideas

being
yourself

the book

making
friends



Story Heroes

- VOLUME 5 -

Thanks for Reading!



EMBRACE YOUR INNER SHERO!!

5 star rating from Pengu!

