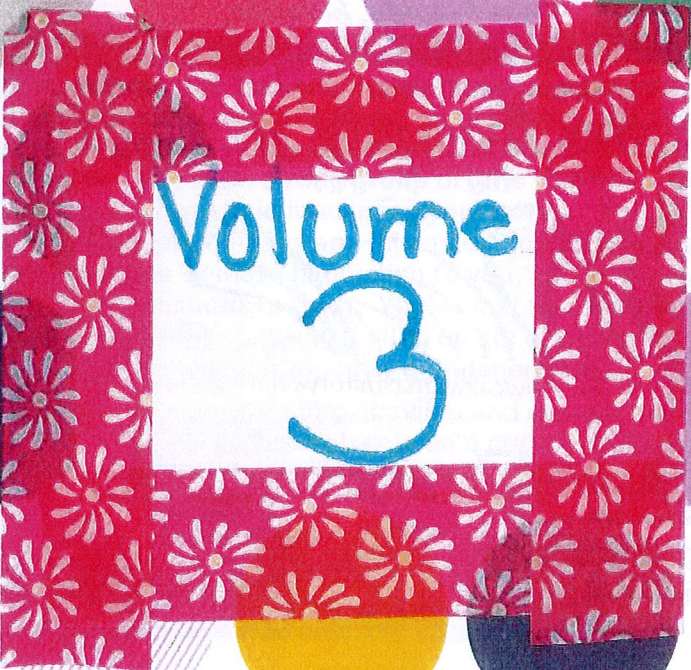


# Story Sheroes



Volume  
3



Story Sheroes is a YWCA KW program held in conjunction with the Kitchener Public Library. It is a program for girls 12-16 that focuses on reading about strong sheroes (female heroes) and writing to express yourself. This is a book of writing from the Story Sheroe tribe (both girls in the program and female mentors). We hope you enjoy!



What does it mean to be a Shero??

A shero is a self-loving, happy, confident, exploring, excited, kind, eager, strong, funny, smart, open, beautiful, free, unique, special, honest, pure and true young girl. A shero is anything you want her to be!

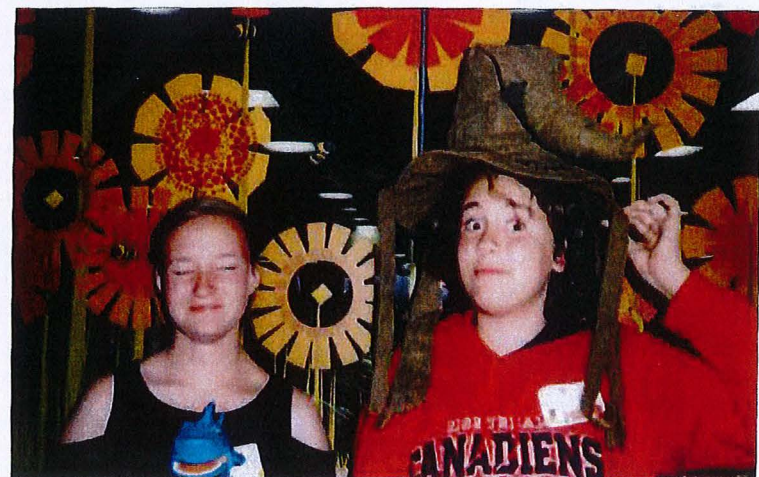


<http://www.ywcakw.on.ca/story-sheroes>



Kitchener Public Library

# STORY SHEROES MEMORIES!







how recovery gave her  
 medicine stay rooted to move  
 bent down plant me. Without  
 thinking from him. I saw  
 a sort of growing  
 brain I back up in confusion.  
 I wasn't quite

a thank-you. For taking care  
 as going to get flowers, but then I rem  
 out flowers made you sad because they can't kee  
 I stared at  
 that?" He me out a little shaky  
 up, still not meeting my eyes. He  
 ut from a nearby exam table, then reach  
 me to my feet





STRONG  
UNDERSTANDING  
POSITIVE  
COOL  
WONDERFUL  
LOVING  
Tough  
CANDORFUL  
BUTT-KICKING  
NICE  
WEIRD  
HAPPY  
HELPFUL  
ATHLETIC  
AWESOME  
FUNNY  
TALENTED  
CURIOUS  
FUN  
UNIQUE  
CONFIDENT  
INSPIRING  
STYLISH  
SWEET  
SMART  
CRAZY  
BEAUTIFUL  
PASSIONATE  
MOTIVATING  
MOTIVATING

YOU.

by ELIAP



**Strength doesn't always mean "hey I can beat you in an arm wrestle" Inner strength is of the utmost importance. Use it. Be awesome, be you.**

Definition of shallow

X



Shal · low

Adjective

/>SHa'lEow

When a person is too naive to look deeper into someone, instead of looking at their appearance and judging by their cover. Look farther into someone and find out so much more about them, and yourself. You should care about what people think about you because it's positive. If someone is making assumptions of you that are negative, they are not true. Because the only thing in you is everything that you want it to be. The only person who can make a definition of you is you



## The Trouble with Being Friends with Guys

One day I met this guy named Josh, and we acted like we were best friends from the first day we met. Then, we started hanging out every recess and it was fun while it lasted. One day, me and Josh didn't talk for a while, and Josh asked his teacher if she could help us. It helped us for a while, but our friendship did not work. To this day, we are still not talking. We are still trying to work it out, and hopefully going to be friends. Slowly things are getting better.

She Hulk

Girls. We're strong, confident individuals who can really kick butt!

When I say strong, I don't only mean physical strength. I also mean emotional strength.

Take a mother, for instance.

A mother can hold back her tears and keep her head up for her children,

even if she's crying inside.

A mother can be brave at the scariest of times and can give her kids

all the love in the world, even on the worst of days. Mothers have strength.

They pass this strength along to their daughters, who pass it to their daughters,

and on and on.

Us girls have so much strength. We can ignore mean comments, stay positive and

we can put our best effort into everything that we do! Our strength is a gift!

I am proud to be a girl, and I hope that someday I can pass this strength along to

whoever needs it! We all have our weaknesses, but us girls can walk past them and

shine, even if people try to tear us down.

Embrace your inner girl and put your strength to good use,

because us GIRLS ROCK!

GIRL  
POWER!



by Ella P.  
Ü



# WOMEN WHO CAN...



Hillary Clinton  
Malala Yousafzai

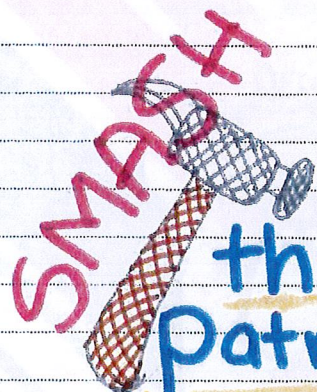
Anne Frank

in 2016 Is the youngest During WWII Mrs Clinton ever Nobel Anne recorded broke the peace prize her days of glass ceiling winner. She hiding. She by being the fought for died in Bergen first female her right Belsen. Her nominated to to educate diary is filled be president women with hope of america and courage as a Jew

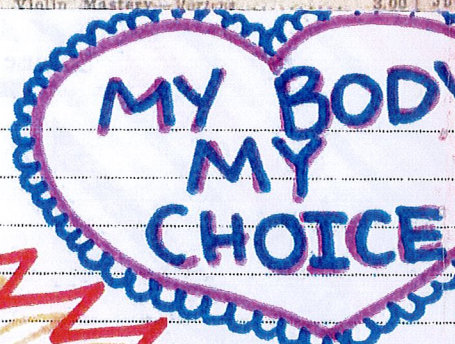
Wood.	1.80	Modern Drawing Room Pieces	.65	How to Listen to Music—Hochstet	1.75	Hu
	3.00	Favorite Compositions by Moszkowski	.45	Famous Singers—Lohr	2.00	Chi
Novels		Mozart's Sonatas: Complete	1.50	Musical Accompaniment to Moving		Con
	.70	Favorite Compositions by Mozart	.00	Pictures—Lang	1.25	Du
		New and Modern Sonatinas	.75	How to Sing—Schumann	3.00	Eng
		Parlor and School Marches	.50	Voice Education—McLellan	1.75	Fou
				Story of Music and Musicians—		Fou
				Little	.00	Fou
				Critical and Historical Essays—Mac	1.50	Ital
				Dowell	3.00	Jov
				Violin Mastery—Horvath		

fts to the Child Music Student

Girl power



the Patriarchy



"You throw like a girl"

This term makes me really annoyed! It makes me feel like my strength has been

RIPPED

away from me! Yet, deep down I know that this is just a stereotype,

an untrue statement, because I know

that girls are **STRONG**! We can do amazing things, including sports like

football and hockey!

And next

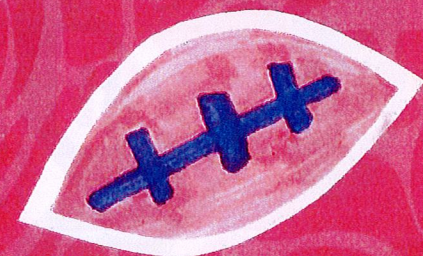
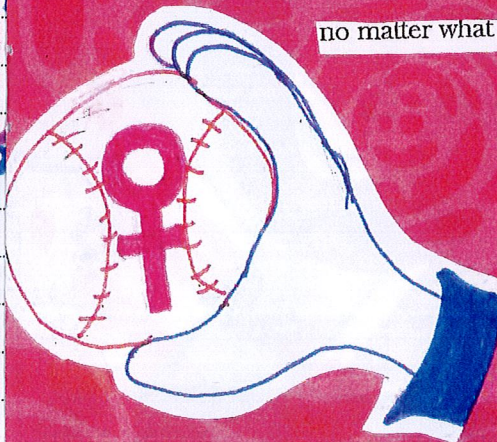
time I hear someone say

"You throw like a girl",

I'll say, "Yes, I do, and I sure am lucky for that!"

because, trust me, girls are awesome and can do amazing things,

no matter what anyone says!



by Ella P.





Being a feminist doesn't automatically make you not sexist, you could be the most feminist person on earth and still be sexist towards men.

-echo



# SHEROES

Girls need a role model, someone to look up to, someone who inspires you. I think it's important for young girls to have someone to look up to, young girls need to see strong independent woman because they are very impressionable. And older girls need role models to help them see things about more mature things. They need someone to tell them what to do if they are depressed or lonely. Or what to do if they are getting bullied or are losing friends and don't know who to talk to about it.

Girls need to see that they can do and be whatever they want. They need to know that if they want to do something that people think are normally done by men, they can do it to. If they want to be a wrestler or hockey player but are told they can't because they are girls they should know that they can. Being a girl is not a weakness and girls should be taught.

Some role models we have in story sheroes are Malala, J.k Rowling, Melanie Martinez and Anne Humphrey. We like these woman because they are empowering. Malala teaches girls to get an education and to try your hardest. That being smart is not something to be ashamed of. J.K Rowling teaches girls to follow their dreams no matter how unreachable they seem.

# SHOUT OUT

I don't mind if I have to sit on the floor at school.

All I want is an education.

And I'm afraid of no one.

Malala

It's such a waste

when little girls grow into their mothers face

but little girls are learning how to cut and paste

and pucker up their lips until they suffocate.

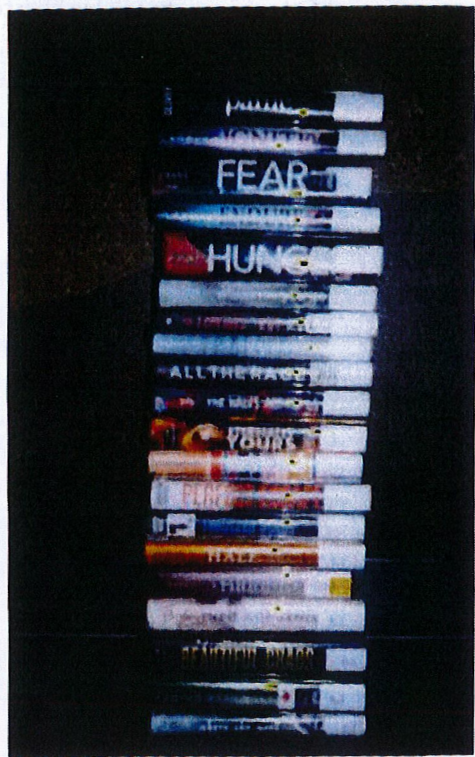
Melanie Martinez

The world is full of wonderful things you haven't seen yet.

Don't give up on the chance of seeing them.

J.k Rowling





Have a

loving

Sporty

Fabulous

Nice

Beautiful

Baking

Best Friend

Mermaids

funny

confident

fierce

Art



## Society Vs. Girls

Sometimes society underestimates girls. They say we're shallow. Obsessed with shopping. They say we're dumb. Especially if you're blonde. All we care about is gossiping and boys. The truth is girls are better than that. Girls are strong. They fight for equality and protest against injustice. Remember when girls were expected to do all the housework? Or when they didn't have the right to work. Women are still facing inequality to this day. After we were finally given permission to vote, it doesn't change that we still get unequal minimum wages compared to males. Girls are strong. We fight for rights such as this, and although we still haven't gotten the same minimum wage yet, we will still keep fighting. Society has all the wrong views. The news never focuses on athletic girls or women for example. While they put all the male athletes in the news, they never put the highly skilled females in the spotlight. If they do, it's rarely. It wasn't even that long ago that women couldn't play sports. "You throw like a girl." Have you seen the competitive women shot-put players? Back then girls only wore dresses and skirts. In this century, girls don't care about irrelevant stereotypes. They wear jeans if they want. They wear dresses if they want. And in the end, who cares if they like to shop? Who knows that they're gossiping or daydreaming about guys? How do you know that they're "dumb" or "shallow"? In conclusion, you don't know the stories behind them. Society needs to stop labeling girls as fake and start embracing them and their real strength.

## HOW RUDE!

It makes me so sad to look at the world and think of what its become.

In 2012 Gabby Douglas did amazing and brought home 2 gold medals at the age of 16. Not to mention being the first African American to do it. All of that sounds pretty sweet huh? After her flabbergasting performance people were ranting about her hair. That's right, she put her hair in a fun bun for her floor routine and people hated her for it. I personally think fun buns are very fashionable. People were even putting her down on Instagram. I don't know about you but this sure isn't the world I want to live in. But we can change it.

You can change it.



## How Society Thinks of Girls

Most of society thinks of girls as:

Skinny & curvy , girls don't play video games,  
girls should wear dresses Pink is a girl colour ,  
Us girls can't play sports.

### What I Think

I'm a girl I play video games and sports.  
I hate the colour pink, my favourite colours  
are purple & blue. I don't really mind wearing  
dresses but I know other girls hate it.  
I'm a girl I'm curvy but I'm average weight .  
Everybody comes in different sizes no matter what  
you are pretty and unique in your own way

Written By:Leonor.G.S

Adored by millions? Top

THE INSIDER

awesome

DIGITAL

NOMADS

HIGH-TECH

girly

Before

spunster

false

There must be a Taylor Swift song for this...

tell you the truth

utterly unique  
The one who will

remod lip violent

ULTIMATE

ENERGIZE

a feminist! OMG

SPARKLING & SWEET

drama  
ckstat

it's how you play  
the game

BRUTALLY HONEST

The one who  
inspires you

MADE IN CANADA

ALL IN HANDY WOMEN  
FEEL THE LOVE

ON FLEEK

Life's Big Questions

inspired



“You are **SUPER** Smart.”

“You  
are  
very  
Unique”

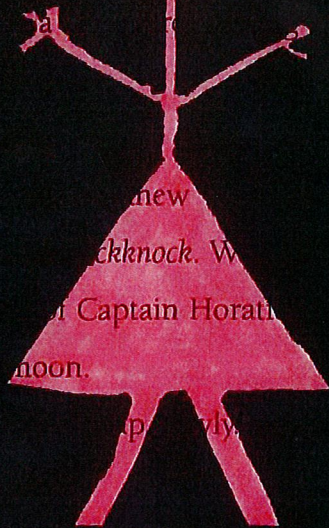
**We ALL Can Do It**

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 Nursery Tales .85  
 Ten and I .85  
 Standard .85  
 Two Pianists .85  
 Two Students .85  
 Standard .85

[illegible]



we would be...ies and tell s  
ome to...nts. You might th  
Ch...e to open a thousan  
nd red lights, and  
sing Chris



"Where are my girls?"

TORI

## What It's Like Having A Guy As A Friend

When a guy is your friend all your friends are teasing you about if you like him more than a friend but no I'm just friends with him not dating him. I hate how everyone thinks you're dating a guy when really you're just friends.

BY: LEONOR G.S





D. Natalia R. ...

## My Strength

**I don't have strength everyone would think.**

**I don't have any muscles (well maybe a little).**

**My strength is in my HEART.**

**The strength in my heart makes me feel  
passionate**

**and confident.**

**It makes me courageous and fierce.**

**It helps me make new memories and new  
friends.**

**I don't just have strength in my heart, it's also  
in my BRAIN.**

**That strength helps me remember my way  
to school and solve my math equations.**

**Try and find your strength in every situation!**

Forjah



What is girl strength about?

Girl strength is about how a girl can do anything she sets her mind to,

she won't care what mean boys

may say to her.

She would stand up for herself

and other girls and stand up for being herself.

That's

what girl strength is about,

girls can do what's right for them

without feeling ashamed of who they are.

by katelin

Dear Story Sheroes, Volume 3

WHERE DID THE TIME GO? It was almost a year ago that we had the very first Story Sheroes evening and here we are three zines later! Three zines, and three rounds of remarkable young women, each with something remarkable to say. Your collective super-power has been transforming paper and washi tape into assertive and introspective statements of who you are. Some of you have been with us since that beginning - and it has been a constant pleasure to take the journey with you. Some of you just joined recently, and it has been amazing to watch you reinvent how we understand the word "Shero" over and over again!

It's no wonder you loved using the Sharpies so much, you were all ready to make indelible marks on the library and the world at large. The theme of this last session of Sheroes was definitely strength. You are a strong group of girls that know what you want and are not afraid to express yourselves. You have called out bullying, stereotypes and injustice. You have shared funny and sad stories of these happening to you, and your creative and often fierce reactions to them. You've met new friends, and supported each other through it all. You are strong and resilient, whether together or independent.

Please keep reading, writing, drawing and speaking out as your true Story Sheroe selves. It has been a crazy ride for both of us, and we are so glad to have done it with you all.

Love,

Christy and Jesslyn

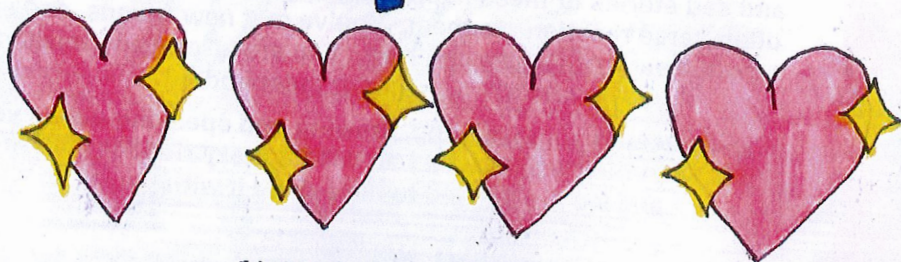


# STORY SHEROES

-VOLUME 3-



an amazing  
production



BE A UNICORN!