

Reassurance

Early morning arrives,
Sunshine greets my eyes,
Out of bed, I go
Adventure awaiting at my doorstep,
Fear fills this body,
But backwards I shall not go,
The singing of birds,
The essence of primrose,
Soothing my worries away,
Today will be successful,
Today will be a good day.

Tranquility

Condescending voices say to me,
"You are repulsive,"
Frustration fills them,
Jealousy too,
They are egotistical,
They are self-centered.
The sound of bashful voices
Become too clamorous,
I refuse to conform and cave,
The palms of my hands are like earphones,
The world becomes silent,
My mind is somewhere else,
My eyes close,
I begin to dream of tranquility,
The soothing sound of the ocean,
The image of baby blue skies,
Supported by clouds as light as my heart,
Oh, how heavenly,
Joy, Admiration, Love, Respect
Fills me inside,
My smile is gleaming,
They are displeased,
But it no longer matters.