

# ASTHMA Information Guide

## WEBSITES

### ALLERGY/ASTHMA INFORMATION ASSOCIATION

[www.aaia.ca](http://www.aaia.ca)

### ASTHMA SOCIETY OF CANADA

[www.asthma.ca](http://www.asthma.ca)

### ONTARIO LUNG ASSOCIATION

[www.on.lung.ca](http://www.on.lung.ca)

### PUBLIC HEALTH AGENCY OF CANADA

<http://www.phac-aspc.gc.ca/cd-mc/crd-mrc/asthma-asthme-eng.php>

## NEED MORE INFO?

PHONE: (519) 743-7502

EMAIL: [askus@kpl.org](mailto:askus@kpl.org)

WEBSITE: [www.kpl.org/ref/healthlink.html](http://www.kpl.org/ref/healthlink.html)

IN PERSON: at any KPL location

## COMMUNITY CONTACTS

### The Lung Association of Waterloo-Wellington

*Serving the Waterloo Region and Wellington County Area*

Phone: 1-800-790-5527

Fax: (905) 383-1213

Email: [waterloo@on.lung.ca](mailto:waterloo@on.lung.ca)

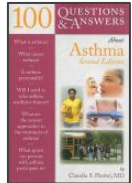
THE  LUNG ASSOCIATION™  
Ontario

## BOOKS

### 100 questions & answers about asthma

Claudia Plottel 2011

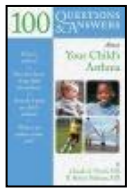
[616.238 Plott 2011](http://www.kpl.org/ref/100-questions-answers-asthma)



### 100 questions & answers about your child's asthma

Claudia Plottel 2008

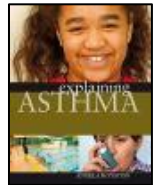
[618.92238 Plott](http://www.kpl.org/ref/100-questions-answers-childs-asthma)



### Explaining asthma

Angela Royston 2010

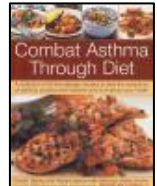
[616.238 Royst](http://www.kpl.org/ref/616.238-Royst)



### Combat asthma through diet

Brigid McConville 2009

[641.5631 Comba](http://www.kpl.org/ref/641.5631-Comba)



### Allergies and asthma: What every parent needs to know

Michael Welch (ed.) 2011

[618.9297 Aller 2011](http://www.kpl.org/ref/618.9297-Aller)

