

AUTISM and DIET

PLEASE NOTE: Due to the Main Library Construction Project, the Autism Collection has been relocated to our Grand River Stanley Park Branch

BOOKS

Healing our autistic children: a medical plan for restoring your child's health

Julie Buckley

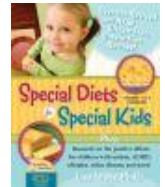
Grand River Autism Collection
[618.92858 Buckl](#) 2010



Special diets for special kids

Lisa Lewis
[615.854 Lewis](#)

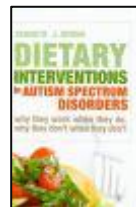
2011



Dietary interventions in autism spectrum disorders: why they work when they do, why they don't when they don't

Kenneth J. Aitken

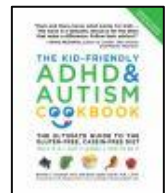
Grand River Autism Collection
[616.85882 Aitke](#) 2009



The kid-friendly ADHD & autism cookbook: the ultimate guide to the gluten-free, milk-free diet

Pamela J Compart

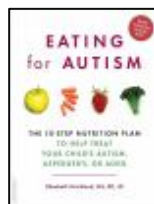
Grand River Autism Collection
[641.5638 Compa](#) 2009



Eating for autism: the 10-step nutrition plan to help treat your child's autism, Asperger's, or ADHD

Elizabeth Strickland

Grand River Autism Collection
[618.92858 Stric](#) 2009



Coach in the kitchen: recipes with full step-by-step instructions

Penny Gill

Grand River Autism Collection
[641.508 Gill](#) 2009



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BOOKS (continued)

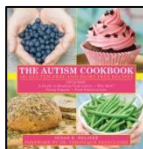
The autism cookbook : 101 gluten-free and dairy-free recipes

Susan K. Delaine

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[641.5638 Delai](#)

2010



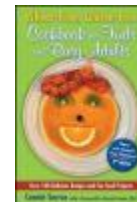
Wheat-free, gluten-free cookbook for kids and busy adults

Connie Sarros

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[641.563 Sarro](#)

2010



DVD/VHS

GFCF diet explanation: vitamin and supplement overview (videorecording)

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[VIDEO 613.26 GFCF](#)

2002



GFCF diet implementation: cooking & product overview (videorecording)

Grand River Autism Collection

[VIDEO 613.26 GFCF](#)

2002



WEBSITES

AUTISM SOCIETY of CANADA - Biomedical Approaches

http://www.autismsocietycanada.ca/index.php?option=com_content&view=article&id=27&Itemid=60&lang=en

AUTISM NETWORK FOR DIETARY INTERVENTION

<http://www.autismndi.com/>

NATIONAL AUTISTIC SOCIETY – Dietary Management for Children & Adolescents with ASD

<http://www.autism.org.uk/living-with-autism/understanding-behaviour/dietary-management-for-children-and-adolescents.aspx>

NEED MORE INFORMATION?

PHONE: (519) 743-7502

EMAIL: askus@kpl.org

WEBSITE:

<http://www.kpl.org/ref/healthlink/autism.html>

IN PERSON: at any KPL location

Kitchener Public Library

www.kpl.org